Practical Advance Planning for Medical Care At the start of a new year, learn how to make your wishes known.

## Join us for a workshop on Advance Care Planning

What do you value most about life and living? What if you lost the ability to enjoy the things that give your life meaning? Do you know who would speak for you if you were unable to make your wishes known? Gain valuable insight into how to establish a plan to guide your medical care. Topics covered will include the Advance Health Care Directive, the California Physician's Orders for Life Sustaining Treatment form, the California End of Life Option Act, and more.



For Improving End-of-Life Care

www.sdcoalition.org

Please register online at

https://as\_you\_wish.eventbrite.com

Saturday, January 19th 4-5:30pm

## Mission Valley Branch Library

2123 Fenton Parkway, San Diego, CA 92108

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